

CLEAR CHANGE 10 DAY DETOXIFICATION PROGRAM

Over time, the buildup of toxins from the environment and lifestyle choices can compromise the way our bodies work, and even affect our health. While many people are familiar with the idea of detoxification, there is a great deal of confusion about how to do it safely. For example, trendy water and juice fasting may cause muscle wasting and an increased feeling of fatigue. In order to support liver detoxification function, the body needs macronutrients such as quality protein and carbohydrates, plus specific micronutrients (e.g., vitamins, minerals) that provide targeted nutritional support.

The Clear Change Program enhances the body's natural metabolic detoxification process while providing adequate fuel for both cleansing and other daily activities, supporting energy metabolism and overall well-being.

The Clear Change Program is an easy to follow program that will get you on track to feel better and have energy in just 10 days. Components include:

- Metagenics® Powdered Nutritional Product provides you with all the nutritional support needed to be successful on the program.



- AdvaClear® capsules provide detoxification and antioxidant support that promotes overall well-being.

Your healthcare provider may also recommend:

UltraFlora™ Balance, a patented blend of pure probiotic strains that have been clinically shown to support a healthy intestinal environment and immune health.

OmegaGenics™ EPA/DHA, purity-tested essential fatty acid formula to support health needs.